

# Female Track Records

<u>Event</u>	<u>Time / Distance</u>	<u>First Name</u>	<u>Last Name</u>	<u>Year</u>
<b>100 Meter Dash</b>				
Girls 6 & Under	20.24	Emery	Rakestraw	2017
Girls 7-8	15.75	Desiree	Davis	2009
Girls 9-10	14.77	Sydnee	Over	2005
Women 11 - 12	13.62	Katie	Bobinski	2006
Women 13 - 14	12.83	Nora	Miller	2003
Womens 15-16	12.56	Cassidy	Palmer	2015
Women 17-18	12.54	Zaidra	James	2016
<b>Women 19 - 29</b>	<b>12.41</b>	<b>Satima</b>	<b>Chambers</b>	<b>2018</b>
Women 30-34	13.22	Angella	Corlette	2007
Women 35-39	14.18	Latoya	Smith	2007
Womens 40-44	15.18	Michelle	Freeman	2017
Women 45-49	13.71	Beth	Clark	2015
Womens 50-54	15.45	Susan	Kassey	2016
Women 55-59	22.95	Annie	Groom	2017
Womens 60-64	22.18	Diane	Knetzger	2017
Women 65-69	18.69	Mary	Roman	2005
Women 70-74	18.24	Beverly	Rohlehr	2017
Women 80-89	24.69	Carla	Convery	2003
<u>Event</u>	<u>Time / Distance</u>	<u>First Name</u>	<u>Last Name</u>	<u>Year</u>
<b>200 Meter Dash</b>				
Girls 6 & Under	43.73	Emery	Rakestraw	2017
Girls 7-8	33.37	Sarah	Rochester	2016
Girls 9-10	27.73	Arial	Outlay	2001
Women 11 - 12	28.65	Katie	Bobinski	2006
Women 13 - 14	26.4	Nora	Miller	2003
Women 15-16	26.38	Cassidy	Palmer	2015
Women 17 - 18	25.85	Marissa	Sanders	2008
<b>Women 19-29</b>	<b>24.73</b>	<b>Satima</b>	<b>Chambers</b>	<b>2018</b>
Women 30-35	26.46	Angella	Corlette	2007
Women 35-39	34.24	Christina	Gasparin	2017
Women 40-44	28.11	Beth	Clark	2015
Women 45-49	29.66	Lillian	Awidi	2016
Women 50-54	33.9	Lori	Allegra	2016
Women 65-69	43.81	Mary	Roman	2007
Women 70-74	40.87	Beverly	Rohlehr	2017
Women 80-84	01:06.5	Carla	Covery	2003
<u>Event</u>	<u>Time / Distance</u>	<u>First Name</u>	<u>Last Name</u>	<u>Year</u>
<b>400 Meter Dash</b>				
<b>Girls 6 &amp; Under</b>	<b>01:41.8</b>	<b>Attie</b>	<b>Bergin</b>	<b>2018</b>
Women 7-8	01:11.4	Sarah	Rochester	2016
Women 9-10	01:07.6	Naiya	Fisher	2016
Women 11 - 12	01:01.6	Alanna	Smith	2015
Women 13 - 14	59.85	Alanni	Cannon	2017
Women 15-16	59.62	Amber	Petrizzo	2006
Women 17 - 18	59.62	Amber	Petrizzo	2006
<b>Women 19 - 29</b>	<b>59.13</b>	<b>Georgette</b>	<b>Nixon</b>	<b>2018</b>
Women 30-34	01:00.2	Angella	Corlette	2007
Women 34-35	01:09.3	Stacy	Thomas	2017
<b>Women 40-44</b>	<b>01:10.4</b>	<b>Roberta</b>	<b>Little</b>	<b>2018</b>
Women 45-49	01:05.5	Lillian	Awidi	2012
Women 50-54	01:20.5	Margaret	Bonham	2014
Women 55-59	01:15.8	Ginger	Palmer	2017
<b>Women 65-69</b>	<b>2:00.48</b>	<b>Pamela</b>	<b>Hurt</b>	<b>2018</b>
<u>Event</u>	<u>Time / Distance</u>	<u>First Name</u>	<u>Last Name</u>	<u>Year</u>
<b>800 Meter Dash</b>				
<b>Women 6 &amp; Under</b>	<b>04:23.2</b>	<b>Luna</b>	<b>Rowett</b>	<b>2018</b>
Women 8 & Under	03:04.6	Hannah	Cook	2005
Women 9-10	02:40.8	Brooke	Sheppard	2017

Women 11 - 12	02:25.6	Tai	Sheppard	2017
Women 13 - 14	02:25.9	Kaylah	Hill	2017
Women 15-16	02:41.4	Mary	Feeeny	2017
Women 17 - 18	2.25.61	Katrina	Ainsworth	2005
Women 19-29	02:31.3	Lauren	McCarthy	2005
Womens 30-34	02:54.2	Elizabeth	Teneyck	2017
Women 35-39	03:06.9	Marika	Sickenger	2003
Women 40-44	02:45.2	Kirsten	Rigney	2017
Women 45-49	02:48.2	Tara	Rudinski	2014
Women 55-59	02:56.9	Dani	Kennedy	2013
Women 60-64	03:27.9	Marilyn	Fitzgerald	
<u>Event</u>	<u>Time / Distance</u>	<u>First Name</u>	<u>Last Name</u>	<u>Year</u>
<u>1 Mile Run</u>				
Women 7-8	07:25.3	Emma	Cook	2009
Women 9-10	05:53.9	Leilani	Gibson	2016
Women 11 - 12	05:39.4	Maya	Gomes	2017
Women 13 - 14	05:35.0	Frances	Brillante	2005
Women 15-16	05:45.6	Valerie	Fox	2017
Women 17 - 18	05:23.2	Elizabeth	Fengler	2014
Women 19-29	05:24.9	Lauren	McCarthy	2005
Women 30-34	07:22.8	Laura	Thomas	2018
Women 35-39	6:10.51	Alissa	Scott	2018
Women 45-49	05:59.5	Tara	Rudinski	2014
Women 55-59	06:08.0	Dani	Kennedy	2012
<u>Event</u>	<u>Time / Distance</u>	<u>First Name</u>	<u>Last Name</u>	<u>Year</u>
<u>2 Mile Run</u>				
Women 11-12	14.20.33	Claire	Smith	2003
Women 13 - 14	11:20.3	Haley	Hasty	2014
Women 15-16	15:15.9	Valerie	Fox	2017
Women 17 - 18	12:03.4	Ally	Costa	2008
Women 19-29	11:49.8	Elizabeth	Fengler	2015
Women 35-39	18:39.2	Jessica	Willis	2017
Women 40-44	13:26.6	Tara	Rudinski	2014
Women 50-54	13:27.0	Dani	Kennedy	2012
<u>Event</u>	<u>Time / Distance</u>	<u>First Name</u>	<u>Last Name</u>	<u>Year</u>
<u>100 M High Hurdles</u>				
Women 13 - 14	16.9	Nia Michelle	Chris	2005
Women 15-16	16.21	Nia	Christie	2018
Women 17 - 18	15.39	Lauren	Tanz	2007
Women 19 - 29	15.94	Catherine	Milledge	2013
Women 30-34	18.98	Laura	Thomas	2018
<u>Event</u>	<u>Time / Distance</u>	<u>First Name</u>	<u>Last Name</u>	<u>Year</u>
<u>1 Mile Race-Walk</u>				
Women 9-10	15:36.5	Bridget	Steele	2008
Women 13 - 14	10:22.4	Kara	Steele	2004
women 17 - 18	09:31.8	Kara	Steele	2005
Women 19 - 29	9.24.37	Jean	Tenan	2004
Women 30-34	9:17.97	Anine	Stanley	2018
Women 35-39	13:13.2	Migdalia	Congdon	2009
Women 45-49	07:12.5	Mary Anne	Torrellas	2000
Women 55-59	07:56.7	Maryanne	Daniel	2011
Women 60+	12:01.2	Mary	Diver-Cordero	2015
<u>Event</u>	<u>Time / Distance</u>	<u>First Name</u>	<u>Last Name</u>	<u>Year</u>
<u>2000 Steeplechase</u>				
Women 13-14	09:38.2	Vivian	Mendez	2016
Women 15-16	08:29.9	Jane	Frawley	2016
Women 17-18	08:17.3	Elizabeth	Fengler	2014
Women 19-29	08:32.6	Elizabeth	Chekas	2015
Women 40-44	08:22.0	Kirsten	Rigney	2017
Women 55-59	12:03.9	Janet	Simons	2009
Women 60-64	14:08.4	Janet	Simons	2016
Women 65-69	14:32.3	Mary	Trotto	2013

<u>Event</u>	<u>Time / Distance</u>	<u>First Name</u>	<u>Last Name</u>	<u>Year</u>
4x400 M Relay				
Women 15-18	04:58.4		Moore & Reynolds	2011